

Recommended Use: As a dietary supplement, mix 38 grams (one packet) of V-R3 Tune Up Nutrient Support** in eight ounces of water and take one capsule packet twice per day, or as directed by your health care practitioner.

Single serving drink mix packet contains:

V-R3 Tune Up Nutrient Support**

Supplement Facts

Serving Size 38 grams (one packet)

| Amount Per Serving | % Daily Value | Amount Per Serving | % Daily Value |
|--|---------------|--|------------------------|
| Calories | 135 | Sodium (from natural sources) | 310 mg |
| Calories from Fat | 15 | Veggie/Fruit Proprietary Blend | 2.5 g ^{13/70} |
| Total Fat | 1.5 g 2%* | [organic spinach powder (<i>Spinacia oleracea</i>) (leaves), organic beet root juice powder (<i>Beta vulgaris</i>) (root juice), organic carrot juice powder (<i>Daucus carota</i>) (root juice), organic pomegranate juice powder (<i>Punica granatum</i>) (fruit juice), organic grape juice powder (<i>Vitis labrusca</i>) (fruit juice)] | |
| Total Carbohydrate | 11 g 4%* | Creafibe cellulose | 1.5 g |
| Dietary Fiber | 3 g 12%* | Glycine | 750 mg † |
| Sugars | 1 g † | Glucosamine | 500 mg † |
| Protein (from organic pea) | 17 g 34%* | L-Carnitine | 500 mg † |
| Vitamin A (as Mixed Carotenoids from Algae) | 2500 IU 50% | L-Threonine | 275 mg † |
| Vitamin C (as Sodium Ascorbate) | 250 mg 417% | L-Lysine | 275 mg † |
| Vitamin D (as Cholecalciferol) | 25 IU 6% | Calcium D-Glucarate | 150 mg † |
| Vitamin E (as d-alpha tocopherol) | 15 IU 50% | L-Cysteine | 125 mg † |
| Thiamin (Vitamin B-1)(as Thiamin HCl) | 1.5 mg 100% | High Gamma Mixed Tocopherols (as d-gamma, d-delta, d-alpha, d-beta) | 100 mg † |
| Riboflavin (Vitamin B-2)(as Riboflavin-5-Phosphate) | 1.5 mg 88% | Quercetin | 100 mg |
| Niacin (Vitamin B-3)(as Niacinamide) | 4 mg 20% | Taurine | 100 mg † |
| Vitamin B-6 (as Pyridoxal-5-Phosphate) | 2 mg 100% | Milk Thistle (<i>Silybum marianum</i>)(seed) [standardized to contain 80% silymarin] | 100 mg † |
| Folate (as Quatrefolic® [6S]-5-methyltetrahydrofolate, 50 mcg glucosamine salt 100 mcg) | 50 mcg 13% | N-Acetyl-L-Cysteine | 75 mg |
| Vitamin B-12 (as Methylcobalamin) | 2 mcg 33% | Choline Dihydrogen Citrate | 50 mg † |
| Biotin (as d-Biotin) | 70 mcg 23% | L-Methionine | 50 mg † |
| Pantothenic Acid (as d-Calcium Pantothenate) | 12.5 mg 125% | Inositol | 50 mg † |
| Calcium (as DimaCal® Dicalcium Malate and Calcium D-Glucarate) | 119 mg 12% | Methylsulfonylmethane (MSM) | 50 mg † |
| Iron (from natural sources) | 5 mg 28% | Sodium Sulfate | 50 mg † |
| Phosphorus (as Dipotassium Phosphate) | 100 mg 10% | Green Tea Extract (<i>Camellia sinensis</i>)(leaves) [standardized to contain 98% polyphenols and 45% EGCG] | 50 mg † |
| Iodine (as Potassium Iodide) | 25 mcg 17% | L-Glutathione | 12.5 mg |
| Magnesium (TRAACS® Magnesium Bisglycinate Chelate Buffered- from Magnesium Bisglycinate Chelate and Magnesium Oxide) | 100 mg 25% | Vanadium (TRAACS® Vanadium Nicotinate Glycinate Chelate) | 25 mcg † |
| Zinc (as Zinc Bisglycinate Chelate) | 3.5 mg 23% | | |
| Selenium (as Selenomethionine) | 25 mcg 36% | | |
| Copper (TRAACS® Copper Bisglycinate Chelate) | 0.5 mg 25% | | |
| Manganese (TRAACS® Manganese Bisglycinate Chelate) | 0.5 mg 25% | | |
| Chromium (TRAACS® Chromium Nicotinate Glycinate Chelate) | 25 mcg 21% | | |
| Molybdenum (TRAACS® Molybdenum Glycinate Chelate) | 25 mcg 33% | | |

Other Ingredients: Natural flavors, Diphoca dextrin, vegetable cellulose, stevia leaf extract.

Capsule packet contains:

- ✓ 3 - Tune Up Aminos capsules
- ✓ 1 - Vege Enzymatic Support capsule

Each kit contains:

- ✓ 28 - Single serving drink mix packets (V-R3 Tune Up Nutrient Support**)
- ✓ 28 - Capsule packets (Tune Up Aminos & Vege Enzymatic Support)

Tune Up Aminos

Supplement Facts

Serving Size 3 capsules

| Amount Per Serving | % Daily Value |
|-----------------------------|---------------|
| L-Glutamine | 250 mg * |
| Glycine | 250 mg * |
| Methylsulfonylmethane (MSM) | 200 mg * |
| N-Acetyl-L-Cysteine | 125 mg * |
| Taurine | 125 mg * |
| Alpha-Ketoglutarate | 100 mg * |
| L-Glutathione | 100 mg * |
| L-Methionine | 100 mg * |
| L-Ornithine | 100 mg * |
| Calcium-D-Glucarate | 100 mg * |

*Daily Value not established.

Other Ingredients: Cellulose (capsule), microcrystalline cellulose, vegetable stearate.

Vege Enzymatic Support

Supplement Facts

Serving Size 1 capsule

| Amount Per Serving | % Daily Value |
|--|---------------|
| Hydrolyzyme™ (a proprietary proteolytic enzyme blend from <i>Bacillus sp</i> and <i>Ananas comosus</i>) | 200 mg * |

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, cellulose (capsule), vegetable stearate.

WARNING: Reproductive Harm - www.P65Warnings.ca.gov/food

V-R3 kit is a comprehensive, science-based nutritional program designed to support safe and effective detoxification.** Everything you need is consolidated into packets to make the program easy to follow and to ensure that you don't miss any necessary nutrients. Just take one drink mix packet combined with water and one capsule packet twice per day. Add the simple food plan from the guide book (included in the box) and you're on your way to more energy and a long list of health benefits.**

Drink mix packet contains:

V-R3 Tune Up Nutrient Support™ (single serving drink mix packets)

A truly superior functional food powder designed to support healthy detoxification.** Mix one packet of powder with 8 oz. of water in a blender or shaker bottle and drink twice per day.

Each serving provides 17 grams of protein to help maintain muscle during your detoxification program, and to fuel the liver enzyme systems that drive the detoxification process.** This easy-to-digest protein comes from non-GMO, North American grown yellow peas, providing an excellent array of amino acids including healthy levels of the important BCAAs (branched chain amino acids).

V-R3 Tune Up Nutrient Support™ contains quality macronutrients to fuel detoxification pathways, a full multivitamin/mineral for detoxification enzyme support, the nutrients needed to support and balance phase I and II metabolic pathways, and high levels of antioxidant support for safe detoxification.** This formula also contains fiber to support intestinal cleansing and a comprehensive array of herbs to promote optimal liver function.**

V-R3 Tune Up Nutrient Support™ has a pleasant berry-vanilla flavor, a wonderful, smooth texture, and mixes easily in any beverage. It does not contain dairy, gluten, and lactose, and is sweetened with the natural herb stevia.

Capsule packet contains:

Tune Up Aminos (3 capsules per packet)

This formulation is designed to support effective phase II liver detoxification, which is essential to prevent the production of intermediate metabolites that could cause symptoms or sensitivity reactions during a detoxification program.** Providing nutritional support for phase II detoxification helps conjugate toxins and prepare them for safe elimination from the body.** This added support is one of the reasons most people feel so great on the V-R3 kit.

Vege Enzymatic Support (1 capsule per packet)

Vege Enzymatic Support is a proprietary blend of protease enzymes that helps support efficient digestion and absorption of the protein found in V-R3 Tune Up Nutrient Support™.**

Protein digestion is initiated in the stomach. Since liquid meals pass through the stomach more quickly than solid meals, less time in the stomach means less time for digestion. Additionally, many individuals have digestion that is less than optimal and often experience poor digestion and absorption of protein. Vege Enzymatic Support has been shown to digest over 90% of a typical serving of protein within 30 minutes. It has been demonstrated to be effective with pea, whey, soy, egg, casein, and hemp, but not rice protein.

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Quatrefolic® is covered by U.S. Patent No. 7,947,662 and is a registered trademark of Gnosis S.p.A.



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Notice: Color, size, shape, taste and density may vary between lots.



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Red Dot Fitness Inc.
 850 The Alameda Suite 20
 San Jose, CA 95126
www.RedDotFitness.net



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